



Living in the Barr Home was the best thing that ever happened in my life.

Ashley

Ashley had lived in numerous programs over many years before coming to San Mar. In the Barr Home she found acceptance, which enabled her to receive the help offered. She was able to engage in individual, group and family therapy, participate on an Adventure Team to the Colorado Rockies twice, and graduate from high school before reunifying with her family and enrolling in college. She has hopes of one day returning as a member of the staff and impacting others!

[WWW.SANMARHOME.ORG](http://WWW.SANMARHOME.ORG)

Licensed by the Mental Hygiene Administration: Office of Health Care Quality. Additional monitoring is provided by the Maryland Department of Human Resources.



**Directions:** San Mar is located on 60 acres of land in Washington County, Maryland at the foot of South Mountain. It is on Rt. 66 two miles north of Boonsboro, Maryland. The Home is 2.7 miles south of Interstate 70, Exit 35 towards Boonsboro. It is one hour from Baltimore, Washington, Cumberland and Harrisburg.

### Jack E. Barr

In 1986 San Mar committed to raise the funds to construct a therapeutic group home for adolescent girls needing a higher level of care than anything San Mar had ever provided. At that time Jack Barr was appointed to oversee the construction. For many years Jack had served as a member of the San Mar Board, and had come to believe deeply in the difference San Mar was making in so many lives.

The program for 8 girls, opened in 1997 and was originally to be known as "The Hidden Springs Home for Girls" after two pesky springs that had to be rerouted during the construction. However, on February 6 of that same year the entire community was shocked when Jack died in a car accident. Following the accident, and by unanimous vote of the board, the name was changed to "The Jack E. Barr Therapeutic Group Home".

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BOONSBORO, MARYLAND 21713  
301.733.9067



THE JACK E. BARR  
Therapeutic Group Home



LIFE CAN BE OVERWHELMING...  
ADOLESCENCE IMPOSSIBLE!  
SOMETIMES A GIRL REALLY NEEDS...  
HELP TO GET HER THROUGH.

PROVIDING GENDER SPECIFIC CARE  
FOR GIRLS SINCE AUGUST 2, 1997

An accredited program of the San Mar  
Continuum of services for adolescent girls



## *The Barr Home*

*Average length of stay: 10 months  
[may stay longer if warranted by treatment plan]*

*Clinical Director: LCSW-C full time in program  
offering individual, group and family therapy.*

*RN: full time on campus.*

*Psychiatric consultations available for all  
residents with medication monitoring.*

*Expressive arts is offered weekly.*

*Life skills and active recreational programming is  
an integral part of the program.*

*Girls in the program must not present an active  
risk to the safety of self or others.*

*All admissions to the therapeutic  
group home must have a  
psychiatrist's or clinical social  
worker's written recommendation for  
that level of placement prior to  
acceptance.*



## **The San Mar Continuum**

In addition to the Barr Home San Mar operates a continuum of care for adolescent girls that offers the following services:

**The San Mar Academy:** This 90 day program with measurable objectives operates in the Anna K. Findlay group home. It provides students with the opportunity to gain practical skills in the technology center, learn numerous job skills, participate in money management that will be needed for living successfully outside of the system, and be a member of an active and challenging adventure program. This program is particularly effective for girls who will be returning home or transitioning to living on their own. It provides them a base for successful living in today's world.

**The Graff Shelter:** This short term program is available to girls waiting for placement into another program or pending a judge's release to return home. All girls in the program participate in the on grounds Type III San Mar School program. Numerous field trips, service projects, and recreation opportunities are included in this program.

**The Anderson Transitional Living Home:** This long term program is available for those girls who have successfully completed one of the other San Mar programs. Girls in this program attend school [including college classes when appropriate] and may work in the community. While in the program they will learn life skills and prepare for moving out on their own or continuing college. There are many success stories of girls completing this program!

**San Mar Treatment Foster Care and Adoptions:** This program, founded in 1991, is now the largest of the agency and serves both boys and girls of all ages in homes throughout Washington [and Frederick] County. Girls who no longer need the high structure of the therapeutic group home, may be considered for placement in this program. A recommendation from the treatment team and a formal request from the placing worker is required for admission.

## **Educational Services**

Upon admission to the program assessments shall be completed to determine the appropriate educational placement. San Mar advocates for the least restrictive level of placement that enables the girl to succeed. When the local public school is not deemed to be the most effective placement other options may include: The San Mar School [Type III], Brook Lane's Laurel Hall [Intensity 5], or the Antietam Academy [the Washington County Alternative School]. Girls needing to complete their GED may do so in the San Mar School while in residence. High school graduates may attend the Hagerstown Community College when appropriate. A scholarship has been established at the college for San Mar residents and alumni. Individual tutoring is provided as needed.



**Appropriate Structure + Healthy Nurture  
Abundant Opportunities**

**= The San Mar  
Culture of Care**